



**ROTARY CLUB OF
MUMBAI JUHU**

BREEZY NEWS

R.I. President: Rtn. Gordon McInally • DG 3141: Rtn. Arun Bhargava • President: Rtn. Arun Wadhwa • Editor: Rtn. Rakesh Kumar.
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**GROWING
MEMBERSHIP
INCREASES
THE GOOD WE CAN DO!**

AUGUST IS MEMBERSHIP & EXTENSIONS MONTH

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MESSAGE FROM THE INCREDIBLE PRESIDENT



Dear RCMJ Incredible Family,

It is a pleasure to write a brief report of the happenings in the first month of this Incredible year.

It has been an action or project packed month (23 projects in 30 days!). The Incredible team has been quick to start work on projects right from the first day of July.

It is often said that "well begun is half done" and I would like to believe that this is true in our case as well. The projects have had an enthusiastic response from our club members, and it is great to see the excitement and the involvement of club members in club projects.

More than the projects, the interactions with the project participants and the people who are the true beneficiaries of the project makes the heart warm and full of satisfaction. Once you connect with people on a personal and emotional

level, things become more clearer, the stress of organising the project vanishes away and the energy to plan the next project is generated. I would strongly request all club members to participate in the projects and experience the real joy and pleasure of community service.

The focus of the Incredible Year is to make a difference in the lives of the community around us and we have been quite cognizant about the same. Most of our projects have been planned and executed by the Community Team. In addition to doing multiple medical and non-medical projects, we have also been successful in integrating multiple avenues for the projects. Like the environment team holding a garden making camp for school children thereby involving the Youth team with environment. This also happened with the eye checkup and spectacles distribution camps which were conducted in schools. This kind of inter-avenue teamwork will help us magnify the impact on the community around us.

Member involvement has been quite good considering that many members were travelling across the globe. Our first Club assembly had decent numbers and we received great feedback from our AG for the projects done, projects planned and also on the overall feedback on the installation program.

It is with a great deal of pleasure and achievement to report that our flagship project of making an audiometry room at

V N Desai Hospital has started and the first phase is almost over. This project has seen its fair deal of challenges both on approvals and funding part. The persistence of RCMJ members has ensured that the project takes off and does not stall.

This month we had interact and Rotaract installations as well at Maneckji Cooper school, Cosmopolitan school, & Vivek College. It is a great experience to interact with young minds and hear their fresh ideas. I also had the pleasure of representing RCMJ at various installations of other clubs. It helps in making bonds and friendships and co-operate for joint projects as well.

New member additions are vital for every club to grow and to enrich the experiences of existing members. We are in the process of speaking to prospective members and hope to share their profiles with you soon.

The coming month will also start with Sanskar, one of our flagship projects of our Incredible Youth Team. I am quite confident that with all the work put in by the Youth team the event is poised for a grand success. The coming month also has a packed schedule with fellowship events as well. None of this would have been possible without the support of all the Incredible Superheroes of RCMJ.

Thank you, let's keep doing Incredible.

Arun Wadhwa

Incredible President 2023-24,
RC Mumbai Juhu

BLOOD DONATION CAMP

A blood donation camp was held on July 1 at Andheri Station. There were about 145 donors. The venue was teeming with donors, and there was even a queue at times. Rtns. Sridhar,

Varsha, Subhashish, Daksha, Narinder and Datta attended. A flying start to the Incredible year 2023-24 for RCMJ.



EYE CHECK-UP CAMP

An eye check-up camp was held at Vidya Vikas School on July 1. It had an excellent response from around 400 students of the school. The eye check-up team consisted of 13 people, which ensured that there were short queues and the testing was done quickly. Rtn. Meera attended the camp and interacted with the students. Rtn. Hemang coordinated the project.



OXYGEN CONCENTRATOR GIFT TO OSHIWARA RCC



In a hat-trick of projects on the first day of the Incredible year, an oxygen concentrator was donated to Oshiwara RCC on July 1. Social activist Captain Coelho was present on the occasion. Rtn. Hemang coordinated the project. What a way to kick-off the year!

MEETING WITH ROTARACT CLUB OF VIVEK COLLEGE

President Arun and Rtn. Kala met with the principal, the moderator and Rotaractors of Vivek College for discussion on various issues on July 3. The year gone by was reviewed and concerns regarding certificates were allayed.

DISTRIBUTION OF BOOKS AND COMPASS BOXES AT RCC GOREGAON

On July 3, an impactful project was done in association with Goregaon RCC. The project involved the distribution of books and compass boxes to the economically weak children who are being taught at Goregaon garden under the able guidance of Prof. Raut of Prayas Foundation. The Foundation ensures that tuitions are given to the students of all standards and they are ready for school in every aspect. It was even more heartening to see ex-students and volunteers teaching the students.

The occasion was also used to celebrate Guru Purnima by distributing chocolates to the

teachers from the hands of the students. The project was facilitated by Priti Kubal of RCC Goregaon, and Rtn. Madhavi Chaturvedi.

Rtn. Hemang Jangla donated the books and compass boxes. Rtn. Kala coordinated the event while Rtns. Arun and Mehek and Club child Dhiti volunteered.



BASERA AT SANJAY GANDHI NATIONAL PARK

Basera was an event organized by Environment Team 1 of RID 3141 on July 3, with Rotary Club of Bombay Kandivali as the host club. RC Mumbai Juhu was one of the partner clubs. RCMJ spon-

sored 16 trees and tree guards for the project. The trees were planted in SGNP and will be maintained by the host club and the forest officials. The tree guards are essential from the point of view of protecting

the trees from the deer in the park.

The project was organized with the active participation of the forest officials of the National Park. During the launch event, information was shared about various initiatives. The project was attended by DG Arun Bhargava and several PDGs. Our club was represented by Rtns. Amarjit, Natasha, Ashish, Arun and Mehek.

Club children Noah and Dhiti also participated in the event and helped plant the trees. Rtn. Ashish coordinated the project.



NARINDER TREATS BALWADI KIDS TO LUNCH

Rtn. Narinder arranged a meal for Balwadi children on July 13.

RCMJ has received toys for Balwadi from Shilpa Kothari. They will be distributed as prizes for various competitions.



DISTRIBUTION OF SPECTACLES

On July 17, RCMJ organized an eye check-up camp at Vidya Vikas School. Almost 500 children participated and about 10% of them kids were detected as requiring spectacles. Some children using spectacles were found to need those with increased power. Some trendy spectacles were given to the children, which were well liked by them.

Thanks to Incredible Superhero Hemang for helping organize this. President Arun and First Lady Mehek were present on the occasion.



MENSTRUAL HYGIENE SEMINAR

On July 15, RCMJ along with RC Hanging Gardens conducted a menstrual hygiene seminar and distributed sanitary pads at Shivaji Shikshan Sanstha, Ghatkopar. The project was under the initiative of 'Ujaas Project' for the Interact Club of SSS Multipurpose Technical School. The beneficiaries – 180 in all – were students of Std 7 to 10. Rtn. Kala and Ann Daksha were present.

DONATION OF RSP UNIFORMS TO SSS

Incredible members of RCMJ came together to raise funds to support the economically weaker students who needed RSP uniforms. The project was in response to a request by the Principal of Shivaji Shikshan Sanstha Multipurpose Technical School, Ghatkopar. The project, held on July 17, was coordinated by Incredible Superhero Ann Daksha Bhagwat.

AUDIOMETRY ROOM AT V. N. DESAI HOSPITAL



The project to construct an audiometry room was kicked off at V. N. Desai Hospital on July 20, thanks to a generous contribution by Rtn. Guru Srivastava. Rtn. Manu, who is spearheading the project, was present despite a fractured arm, showing the triumph of heart over pain.

PP Sridhar, during whose tenure the project took shape, was also present to see his dream coming true. From the Hospital, Dr. Bhavesh who has been going out of his way to move the project forward amidst a maze of procedural issues, was present to see it taking off the ground. Rtn. Piyush – a veteran of RCMJ – was there to lend support to young enthusiasts.

ANOTHER EYE CHECK-UP CAMP AT LILAVATIBAI PODAR HIGH SCHOOL

People with limited financial means do not go for check-ups as they do not have the financial capability to address their health concerns. To address this, RCMJ combined an eye check-up with distribution of spectacles. The experience of interacting with the beneficiaries was 'eye-opening'.

The eye check-up was held at Lilavatibai Podar High School, Santacruz on July 20. Almost 400 children participated and about 50 were detected with eye problems. Thanks to Incredible Superhero Hemang for helping organize this.



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FELICITATING SUCCESSFUL STUDENTS OF VIDYA VIKAS SCHOOL



On July 25, President Arun was invited to the felicitation program of Vidya Vikas School, a Marathi medium school with some of the best facilities in Mumbai and a trustee board dedicated and focused on giving the best to their students. The successful students were fortunate to hear inspiring speeches from students, chief guests, parents and others. Most of the school alumni are still in touch with the school and contribute whenever there is a genuine need. Excellent commitment of the teachers, students, and the management was visible. There are many incredible stories of people who have overcome challenges to ensure that their children get the best education and the right values.

Some of the inspiring stories shared were:

- A Muslim girl who topped in Sanskrit.
- A domestic worker who does three day jobs and another job taking care of a patient for the entire night. She had a complex as she couldn't read or write. But she made sure that both her daughters got quality education. Her daughter stood first this year; the other daughter had stood 4th last year. Her desire to make their lives better captivated everyone in the audience. She wasn't done yet; she shared how her daughters were concerned about what and how she would speak at the event, and pulled their legs saying she is going to sing a song and do a dance if she couldn't speak. The highlight of her speech was that she joined night school at the same school to learn to read and write.

Thanks to Incredible Superhero Hemang for connecting to this wonderful organization.

SPREADING HAPPINESS WITH COOKIES

Distribution of 300 cookies took place at a Stray Happy event and also to the kids of RCC Goregaon on July 23 and 26. Distribution of 400 cookies was made to children at Adhar, Badlapur on July 26. Thanks to Incredible Superhero Hemang for support.

WATCHING CRICKET – MY PASSION FOR LIFE

(MINUS MY WIFE SUMANA WHO DOESN'T SHARE THE PASSION)

By Sunil K. Menon



SUNIL K. MENON

Hockey is our National Sport, but cricket is unofficially the Game of the Country. I got hooked on to playing cricket from childhood when we had no electronic medium or any major electronic gadgets. I played a lot of tennis cricket in schools but realized the hard truth that I am not made for season ball cricket when I got hit while playing in standard 10 and dropped my towel.

In the earlier days, I heard BBC commentary for the 1975 and 1979 Cricket World Cups (though frequencies were a big challenge). I got really emotional watching the 1983 World Cup final and Kapil Dev lifting the Cup! What a moment of glory for Indian cricket and Indians ...HURRAY! That moment really spurred me to watch cricket of all levels and types including test cricket, one-day matches, IPL ...U name it and I have watched it. In 2011 when India, Sri Lanka and Bangladesh hosted the

World Cup and India reached the finals, I was all excited and desperate to watch the match live. I was fortunate enough to get one ticket (yes, only one) and the only condition of my friend who gave me the ticket was that I should go for the match myself and not pass on the ticket. No way was I going to give a WC finals ticket to anyone!

So, the big day arrived.... 2nd April 2011. The atmosphere was electrifying. Sri Lanka made 274/6 and when Sachin and Sehwag got out and India was reeling at 31/2, we were all on tenterhooks. Dhoni played a classic innings and took us to the most memorable moment of glory and a fitting farewell to Sachin. The victory lap while carrying Sachin on the shoulders can never be forgotten.

In January 2019 I was fortunate to watch India vs Australia in Sydney. I landed at 10 am in Sydney, dropped my bags in the hotel and marched straight to the Sydney Cricket Ground. I also took a guided tour of the stadium later.

My next target was to watch the 2019 world cup final at Lord's, London. I was destined to watch it. It started with a kitty lunch discussion where one of my close friends told me that he could arrange tickets to watch the final. Accordingly, I booked my flight and hotel near the

ground the same day. But unfortunately, my friend couldn't manage the tickets and I didn't know what to do. Finally, I went online and bought the tickets at a premium.

Unfortunately, India lost to New Zealand in the semis and it was an England vs New Zealand Final. My employer was surprised to note that I was going to watch the match alone though India was out. That's my passion for you! I took the morning BA flight to London alone and the immigration officer at Heathrow asked me why I was there. I said to watch England win the World Cup (though I wanted New Zealand to win internally). On 14th July, I took a taxi to the stadium and when I told the black taxi driver that I had come to London only to watch the match, he said you Indians are very rich.

It was one of the best matches I have ever seen in my life. Ben Stokes single-handedly won the World Cup for England and there were victory celebrations all over the night though I quietly went to sleep to catch the morning flight back to *Aamchi* Mumbai.

Watching IPL every year in Mumbai and coming live on TV (courtesy my friend who is a Director at BCCI) is an ongoing process which, God willing, will continue.

Would love to discuss more in person over a cuppa tea.



KISHORE KUMAR – AN ENIGMA

By S. Radhakrishnan (Mohan)



S. RADHAKRISHNAN (MOHAN)

Kishore Kumar Khandwa-waale (KKK) arrived on this planet on August 4, 1929 and departed on October 13, 1987. The numerals 1 and 3 too add up to 4.

He had four marriages to his credit, hence 4 indeed was a numeral that followed him throughout. Uncanny coincidence, indeed! Incidentally, I am blessed to share the birth date (August 4) of this mercurial genius singer, and idolize him to the core.

An unconventional start to a write-up on this genius who, in a lot of ways, was unparalleled and unbeatable mainly because of his multifaceted dynamic genius as a singer, actor, producer and director. While trivia about him can be gathered from various close sources, media, social media, network channels and books on his life, I shall highlight some unknown aspects. It

would be pertinent to know some post-demise facts about him.

A recent visit to Khandwa dismayed me beyond imagination.

1. Ganguli House (Gauri Kunj) is almost in ruins with the fear of collapse under the slightest weather turbulence. An old feeble caretaker Sitaram-ji sits outside on an old *charpai* (cot) and shares the memories of the late maestro. He laments the fact that rather than trying to renovate or rebuild the house that houses the memories of Ashok Kumar, Anoop Kumar and Kishore Kumar, it's being sought to be sold by the sons. I understand the locals vehemently protested this and have managed to stall it for the moment.

2. Kishore Kumar (born Abhash Kumar Ganguli) passed away on October 13,



1987. His mortal remains were brought to Khandwa and kept in Gauri Kunj for a day and cremated on October 15, 1987. One is left clueless as to why it took 21 long years for the Madhya Pradesh Government to come up with the idea of a memorial (*smarak*) for him. Yes, 2008

was the year in which it was sanctioned and built.

The *smarak* was built just a few meters away from the cremation site at a cost of 2.5 crores. One can see it on the right while entering Khandwa via Ujjain. Sadly, it is not maintained properly, especially the mini-theatre just below the main bust. It was a jolt to see his pictures and photo frames torn and tattered, with the frames peeling out. What a state of affairs! The mini-amphitheater can seat 100 people as envisaged, and short films, reels and documentaries on the legend can be run there, but who cares in the real sense? I understand that the family (sons and wives) have not visited Khandwa since October 1987. Not even on the birth or death anniversary of the legendary maverick unique singer of the era.



3. Shows are held all across India and the world during the entire months of August (birth celebrations) and October (remembrances), but Khandwa has just one show in a year – that too without the presence of 'celebrities' who are busy churning money in the name of *Gurudev*.



Readers may wonder why I have emphasized the dark side in this write-up. It is with the intention to improve things in the music-loving world, especially the so-called Kishore Kumar Fan Clubs across the globe. If we spread

this awareness to maximum readers and viewers and seek at least minimal support to maintain and upgrade the memorial, I am sure all would agree that this would be the right tribute to the enigmatic persona called

Gurudev Kishore Kumar. It is my suggestion to take this as a project and take necessary steps to garner funds that can be fruitfully used for this purpose. Long Live Kishore Kumar Khandwa-waale!

EAT YOUR WAY TO HEALTH

(This is the first in a series of articles by the author, who is a Nutritionist)

By Nidhi Jain



NIDHI JAIN

Let me begin this series of articles on a lighter note. There are four kinds of eaters: fuel, fun, fog and storm.

Fuel Eating

Fuel eating is when you are eating foods that support your body and its needs. Eating real, whole, natural, minimally processed foods that provide you with energy and nourishment and feel good in your body. You can eat fuel foods 80% of the times.

Fun Eating

Foods that you love to eat and enjoy, but don't offer any nutritional value, e.g., cake, wine, potato chips and candy. You eat them with a lot of

attention to be sure that you receive the pleasure they provide.

Fog Eating

This is anytime you eat without awareness – munching on chips, snacking on your kids' meals. You finish off a bag of chips or candy before you realize how much you ate and don't even remember what it tasted like. Never fog eat.

Storm Eating

This is eating out of control, and you can't stop yourself. Sometimes it happens when we let ourselves get too hungry.

What kind of eater are you?

CONNECTING CHILDREN TO PLANTS

By *Natasha D'costa*



NATASHA D'COSTA

July is the month for planting trees in India. We celebrate it as the month of *Vana Mahotsav*. Rtn. Deepshikha and I decided on connect the students of Rajhans Vidyalaya with plants that would call for an engagement – playful and nutritional. On July 6, my organization Start Upcycling Now (SUN) conducted a sensitizing session for a butterfly garden for grade 4 of Rajhans Vidyalaya (SSC and ICSE). We also sensitized grade 8 students on medicinal plants and how to design a garden.

On July 7, after going through the plans presented by grade 8 for the garden, we selected two and they got to work.

Medicinal Garden

The medicinal garden included plants like *adulsa* for cough, peppermint, basil and *tulsi* for coughs and colds; *pudina* and lemon-grass for digestion; and curry leaves and insulin plant for the skin. The plants were selected because they taste good, students can relate to them, and most don't require any cooking – they can be eaten raw. Most importantly, we wanted to build a relationship between students and plants.

Pathways were made between the two beds so that students can access and maintain the plants when needed.

Butterfly Garden

The sound of the name was exciting enough to get all on board. We included a large

variety of plants to call out to different variety of butterflies. Jamaican blue spike and lantana may not look pretty to you and me but these plants even change their flower color to attract the largest number of pollinators. This is particularly true for lantana that starts off with one color and as it matures it adds more colors to attract bees, small birds, ants and geckos.

Pentas, ixora and wadelia look beautiful; they come in red, orange, pink, purple and yellow. We chose all the colors of the rainbow. Then, for the moths, we added sweet smelling flowers. This garden has something for everyone.

The grade 8 students marked out a plan for the butterfly garden, while the grade 4 students enthusiastically executed it.

At the end of the project, we took a picture of muddy hands and feet that the students were



PENTAS



IXORA



WADELIA



very proud of. To finish the garden, we covered the soil with leaf mulch made by SUN at the school. This mulch ensures that water absorption capacity increases 500%, so even if the students forget to water the plants it would be fine. The mulch reduces water evaporation from the soil and



creates a healthy ecosystem along with compost. One of the main reasons for mulching and

composting is that the bacteria in the soil absorb 25% of the carbon dioxide in the air. This

is the simple garden logic that helps us breathe easy every day.



AWESOME EXPERIENCE

By Dr. Indu Salian



DR. INDU SALIAN

Welcome, Ladies and Gentlemen. *Aaj ki shaam ko rangin banane ke liye hamare beech aa rahe hain MMC ke sitare.* The call for my first-time stage performance began with these lines...and OMG what an unforgettable experience!

I was granted, under the auspices of Mohan's Music Club (MMC), Togetherness through Music –a life-time experience of participating in a two-day picnic with a Thematic Jamming Session where I was given an opportunity to sing, dance and act on stage in front of a live encouraging audience. Singing, dancing and acting have been part of our childhood activities but without any technical connections; as we grow, we continue with them for fun and not with the intention of performing on stage.

The dream of dressing up in different attires, playing a male character for a comedy song, singing and dancing to the tunes of motivational, patriotic and festival songs and qawwalis was a mind-blowing experience, which I will reminisce forever.

We hide behind age as a factor to avoid getting into

our childhood passions, but I synced myself into believing that I need to be different and give it a try, and of course have fun in the process; and that's precisely what I did and found to my delight that I could do it, if not perfectly, at least to be in the midst of young performers and give an energetic performance.

Soo... dear all, always try out new avenues to enjoy life, whatever your age or disabilities...Live life joyfully... be happy.

Indu enacting Bhola (Sunil Dutt) in a comic scene from the iconic movie Padosan ▶



LET'S GET TO KNOW ONE ANOTHER

By Amarjit Sabherwal



Damanjit, Jaspreet, Vaidehi, Sanjeet and Amarjit

Myself Amarjit Singh Sabherwal, Charter member of RC of Mumbai Juhu and Engineer by Education and Profession.

Born and brought up in Punjab, I did graduation in Mechanical Engineering in 1980 from Thapar Institute of Engineering & Technology, Patiala. I landed in Mumbai in 1981 to join Air India in its Engineering Department as a Trainee Engineer. Concurrently, in 1986, I did my post-graduation in Management from the prestigious Jamnalal Bajaj Institute of Management Studies. Till 1996, I worked in Project Planning and Execution for creation of new Engineering facilities required for aircraft maintenance, which gave me varied experience in the core field of Engineering. For the next three years, I got a great opportunity to head the newly-created Coordination Cell at Mumbai Airport which was

tasked with network-level tracking of flights and taking corrective actions, which allowed me to understand international airline operations. Thereafter, for three years, I was deputed to the Purchase Department where I was

“My philosophy in life has been Sincerity, Commitment, Hard Work, Values & Ethics in every dealing of my life – be it work, personal or Rotary life.”

responsible for the procurement of varied products – from canteen consumables to mainframe computers. I returned to the Engineering Department in 2002 to take over the responsibility of planning the consumables and spares required for aircraft maintenance. I superannuated

as General Manager in March 2017, but continued as a Consultant for three more years and finally hung my boots in March 2020.

Now about my Rotary journey. I was invited in 1999 to join Rotary as a Charter Member of Rotary Club of Mumbai Juhu. I served as Club President during the Centennial Year of Rotary in 2004-05, during which our club dedicated a Neo-natal Intensive Care Unit (NICU) to the community at a cost of Rs 17 lakhs with funding provided by our member, Guru Srivastava. Further, our club established the first Endowment Fund of our District with a contribution of \$25,000 by Guru and Deepshikha. I have served as Assistant Governor, GSE Chair, Assistant Trainer and District Secretary, and have worked in various important positions with all the DGs since 2005. I was selected as GSE Team Leader, which gave me an opportunity to lead four young professionals to District 1910, during 2010-2011.

At the home front, I married Rtn. Damanjit Kaur in 1986 and we are blessed with two sons – Sanjit who is an entrepreneur in Garment Retail, and Jaspreet, employed with Puma. Jaspreet is married to Vaidehi, who also is employed in Puma.

My philosophy in life has been Sincerity, Commitment, Hard Work, Values and Ethics in every dealing of my life – be it work, personal or Rotary life.

TWO INDIANS AMONG RI DIRECTORS

T.N. 'Raju' Subramanian from RC Deonar and Anirudha Roy Chowdhury from RC Calcutta Mega City have been appointed RI Directors for 2023-25.



T. N. 'Raju' Subramanian



Anirudha Roy Chowdhury

KALA'S ACT OF KINDNESS

Our incredible treasurer Kala Sridhar started the year with incredible action. She donated her hair for the benefit of cancer patients. The hair donated will be used for making wigs for cancer patients.



THE FIRST INCREDIBLE CLUB ASSEMBLY

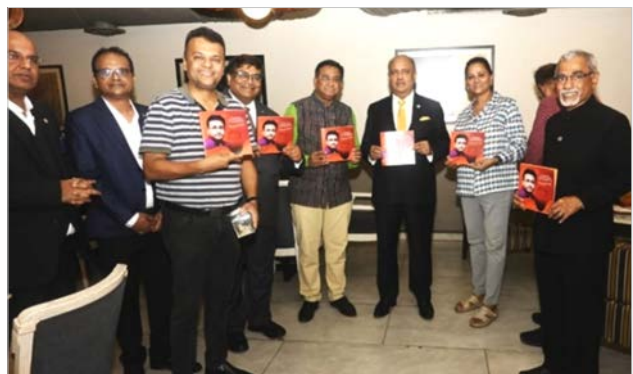
On July 7 the first Club Assembly of 2023-24 started with bonhomie and fellowship. Incredible President Arun welcomed AG Rtn. Rohini Parab. He presented the first President's report of the year. Inauguration of

Breezy News and the online event calendar was done. Blood donation camp, oxygen concentrator donation, eye check-up camp, RCC Goregaon, and Basera project were presented.



PRIP SHEKHAR MEHTA LAUNCHES HEMANG'S BOOK

Rtn. Hemang Jangla has compiled a book detailing his journey in the social work arena. This book was released on July 4 by the Past Rotary International President, Rtn. Shekar Mehta. IPDG Sandip Agarwala was also present at the book launch. Some of Hemang's close friends like Rtns. Unnikrishnan, Jyoti, Rajesh Shah, Bharat Jhunhunwala, Kaushik Desai and President Arun Wadhwa were also present at the launch.



ANIMAL CARE AWARENESS SESSION

On June 22, Rtn. Madhavi arranged a session on animal care awareness at Rajhans Vidyalaya. Adv. Ananya Chaturvedi (Rtn. Madhavi's daughter) began the session by taking the students into space and the

world of aliens. They were asked to close their eyes and imagine an invasion by aliens.

Ananya was later interviewed for social media by Rtn. Meera on the subject of welfare of stray animals.



TOY COLLECTION

A toy collection drive was held at Rajhans Vidyalaya Interact on June 22. Three cartons of toys were collected for recycling.

BOOKS FOR BMC SCHOOL AT DN NAGAR

Books for children of BMC School at DN Nagar, contributed through Rtn. Damanjit by AVM, Juhu were distributed on June 23. Worksheets for kids at the school were organized by Rtn. Deepshikha.

STRESS MANAGEMENT

A Stress Management session for students of Interact Club of SSS Ghatkopar English Medium School was conducted on June 23 by Mpower. It was coordinated by Rotary Ann Daksha Bhagwat.



HEMANG WINS RMBEANS OF THE YEAR

Rtn. Hemang Jangla is feeling extremely humble and privileged to receive 'RMBeans of the Year' award for 2022-23 at RMB Numero Uno chapter's glittering event at Club Millennium, Juhu.

ENTREPRENEURSHIP AND BEYOND

Rtn. Alpa Shah made a presentation on June 23 at Barfiwala School on the topic 'Entrepreneurship and Beyond'. She also addressed students of Rajhans Vidyalaya on the same topic on June 25.



Contest
08-01

ANSWER
AND
WIN!

WRITE IN 100-150 WORDS,
'WHICH ARTICLE DID I LIKE THE
MOST IN THIS ISSUE, AND WHY?'

Prize:

Two best answers will be published in the next issue, and the winners will be awarded prizes in the first Club meeting after their publication.

Rules:

- (1) All readers of Breezy News can enter the Contest, except the Editor and his spouse.
- (2) Entries must be sent by DM or email to the Editor by August 10.
- (3) Editor's decision will be final.
- (4) Winners will have the option to accept the prize in kind or let RCMJ donate Rs. 500 each to RCMJ Charitable Trust in their respective names. RCMJ Charitable Trust will issue receipts under section 80G to the winners. Each winner will also have the option to name the particular project or type of project to which the Trust shall allocate this amount.

RESULTS OF THE JULY CONTESTS

CONTEST 07-01 – Review of *Breezy News*, July Issue

We received three entries. All of them were worthy of awards. However, since there was only one award to be given, **Dhiti Wadhwa's** review of the July issue of *Breezy News* has been selected as the winner. We are publishing her review below.

DHITI'S REVIEW



**DHITI
WADHWA**



The brand-new *Breezy News* has truly lived up to its name. It was breezy enough to have completely blown me away!

There have been many major changes and I loved all of them but more importantly the informative and exciting ones like including a get to know the members section, the caricature drawn by Narinderji, and these wonderful contests! They make the magazine extremely engaging and fun to read. They also made me go through the roster and identify the rotary kids, which made it even more fun.

This edition covered the exchange of the baton, which is always a wonderful time to look back and see how much the club has grown and helped the community in the past year and also to look forward and make plans for the next year. A time to appreciate and rejuvenate before the normal humdrum of the club starts up again. The edition made sure to cover all the events but more importantly express the warmth, joy and the club's beautiful nature in one magazine hidden between words, which is no small feat and I must congratulate everyone involved in the making of this month's edition.

CONTEST 07-02 – Names of Club Children Staring with A

We received four entries, and all were correct! The first two correct entries received are eligible to share the award: **Natasha Dcosta** and **Meera Ramachandran**.

The correct answer is given below:

- | | |
|-----------------------|------------------------|
| (1) Aryan Bhadkamkar | (6) Aanvi Chaturvedi |
| (2) Atharva Patankar | (7) Ananya Chaturvedi |
| (3) Ashlesha Patankar | (8) Anaiya Dcosta |
| (4) Anvi Gupta | (9) Aalia Dcosta |
| (5) Arnav Bhagwat | (10) Akanksha Baradiya |

Breezy News congratulates the winners and other contestants!

INTERACT AND ROTARACT INSTALLATIONS

President Arun installed the Rotaract Club of Vivek College on July 18. On the same day,

he also installed the Interact Club of Maneckji Cooper Education Trust School.

On July 25, President Arun installed the new Interact team of S. C. D. Barfiwalla School.

OPPORTUNITIES IN THE AVIATION SECTOR

On July 25, the Vocational Service team of RCMJ – in collaboration with The Aeronautical Society of India (AeSI) Mumbai Chapter – organized a seminar for the students of Rajhans Vidyalaya and HMPS School on the topic ‘Opportunities in the Aviation Sector’. The speakers included Manmohan Chawla, Dr. Punita Masrani, Ashwani Sharma and Dev Shah.

Thanks to Incredible Superhero Deepshikha Shrivastava for organizing the event at Rajhans, Incredible Superhero Narinder for arranging the program and our ex-member Manmohan for



coordinating with AeSI. Incredible Superhero Meera attended the seminar. The kids liked the session and their excitement was palpable. More details in the next issue.

THE LAST WORD



running on the runway to gather momentum and build up the lift necessary for take-off, which other aircraft need. Every year, our RCMJ seems to be approaching this kind of operational capability more and more closely. Three projects on July 1 – the first day of the Incredible year – and almost one project every two days throughout the month of July is an incredible achievement that would prompt aviation professionals to classify RCMJ as a VTOL aircraft. Kudos to Incredible President Arun and his team for a flying start to the year!

The Rotary world observes August as Membership and Extensions Month. New members are the oxygen supply of a club. At the risk of repeating myself, I would say that new members bring in fresh air: new ideas, new ways of thinking, and new approaches to serving the society. They add to richness and diversity in the club’s competencies

and enhance its ability to take up larger and more diverse projects. They result in more depth of leadership and better quality of fellowship. For the new members, a club provides the opportunity and platform to satisfy their innate yearning to serve the society. This is the second month of our endeavor to reinvent **BREEZY NEWS**, pursuant to our random survey of members to find out what they would like to read about in their club’s house magazine. The entire exercise would only be meaningful if there is a perceptible increase in the number of members and their families reading **BREEZY NEWS**, and if they get more value than before in the time spent to read it. Your feedback was valuable. Your continuous feedback on every issue will help me to keep fine-tuning my offerings to your needs..

Rakesh Kumar
Editor

Those who attended the seminar held during the month of July on ‘Opportunities in the Aviation Sector’ would perhaps be aware that a vertical take-off and landing (VTOL) aircraft is one that can take off and land vertically without the need to use a runway. No

REQUEST SUPPORT FOR OUR PROGRAMS:

V. N. DESAI HOSPITAL



- This hospital has one of the best equipped and talented child physicians among all govt. hospitals in the area from Dharavi to Andheri.
- We support the requirements of the pediatrician ward in the hospital.

SAKSHI



- Sakshi works in the area of POCSO & DEI
- It educates college children regarding sexual abuse and what they can do to prevent it.
- It makes them into “Rakshins” – protectors of children from sexual abuse

ADHAR



- Adhar is among the largest in Asia which takes lifelong 24x7 care of more than 355 specially abled adults.
- State of the art care facility in Badlapur and Nasik with vocational activities.

UMANG



- Unique trek for the Physically challenged
- More than 100+ participants.
- The trek has won awards in various competitions

CLT



- Training programs for healthcare workers to manage Complex Lymphedema Treatment.
- This is an intensive 9 day course which will enable the caregivers to improve the quality of life of cancer patients.

MENTAL HEALTH ANGELS



- Equipping mental health workers with the latest methodologies in managing mental health challenges
- Practical training in institutes like Adhar and in organisations which cater to people with mental health problems.

REQUEST SUPPORT FOR OUR PROGRAMS:

SANSKAR



- Interact Training Assembly which is planned to be held this year on
- Date : 4th of August 2023
Time : 9 AM onwards till Lunch
Venue : Rajhans Auditorium, Andheri West

UDAAN



- Udaan is the Interact District Conference is planned to be held this year.
- Date : 29th of September 2023
Time : 10 am onwards.
Venue : Rangsharda, Bandra.

STRAY HAPPY



- Stray Happy strives to take care of the abandoned animals in the streets of Mumbai.
- It cleans them, provides, temporary care facilities, provided vaccination and neutering facilities, and also puts them up for adoptions.

ENVIRONMENT & E-WASTE RECYCLING



- Tree plantation
- Green waste to mulch
- Waste management for large events (200+ people)
- Environment Clubs at school / college.

NATIONAL INTEGRATION



- Association with the army for development of Machal and its population.
- Sponsoring children for school, soft skills training, helping in medical projects, helping in need-based requirements, etc.

TANYA COMPUTER CENTRE FOR BLIND



- Tanya Computer Centre (TCC) provides computer literacy to the visually challenged across India.
- Today TCC has 14 centres across India.



ROTARY CLUB OF
MUMBAI JUHU

incredible
2023-24

RCMJ Incredible Team

*Wishes Everyone an
Incredible Year ahead*



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